

Wellness Word Find Solution

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V + + + + + + + + P S E + + + + B + P
+ E S S E N L L E W E + + S + + I + H +
H + G + + + Y + O D + M + I C + Y + P
T + + E + + T + H + O + + I Y C S + + R
L + + + T I + S + + M + + C L I R + + O
A T + E V A G + + + E + L + C E + E + G
E + E I R N B + + + T E + I + + + + X R
H + T A I U + L + + E C A L O R I E S E
+ C + K M + S + E + R N + + + + + + S
A + L + + W + A + S + + + + L + + + S
+ A + + + + O + E + + + + + A + + + +
W + + + + + R + M + + + + C + + + +
+ + + + + + + K + + + + + I + + + +
+ + E N I T U O R + + + + + S + + + +
+ + + + + + + + + + + + Y + + + +
+ + + + + + + + + R + + + + H + T + +
+ + + + + + + + + U + + + + P I + + +
+ + + + + + + + N + + + + U + + + +
+ + P A R T I C I P A T E + R + + + +
W A L K + + + + + + F + + + + +

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(Over, Down, Direction)

ACTIVITY(1,10,NE)
 BICYCLE(18,1,SW)
 CALORIES(12,8,E)
 EXERCISE(20,8,NW)
 FRUIT(14,20,NE)
 HEALTH(1,8,N)
 MEASURE(10,12,NW)
 MILE(13,3,SE)
 PARTICIPATE(3,19,E)
 PEDOMETER(11,1,S)
 PHYSICAL(16,17,N)
 PHYSICIAN(20,1,SW)
 PROGRESS(20,3,S)
 ROUTINE(9,14,W)
 RUN(11,16,S)
 TEAMWORK(2,6,SE)
 VEGETABLES(1,1,SE)
 WALK(1,20,E)
 WALKINGSHOES(1,12,NE)
 WELLNESS(10,2,W)